

Central California & Bay Area
Adult Services Training Academy
Empowering Excellence in Adult Services

FRESNO STATE

Presents a workshop on...

**Enhancing Engagement, Empathy
& Service for Vulnerable Adults**

**Through Virtual
Reality Experiences**

Date: September 8-10, 2025

NAPSA Conference 2025



Presenter Introductions



Christine Chung-Camacho

Adult Services Training Academy Director



Rachael Castro

Workforce Development Specialist



Julian Gutierrez

Information and Technology Manager



Carrie Shaw

CEO & Founder of Embodied Labs





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Central California and Bay Area Adult Services Training Academy

Our Mission

Provide Education and training to professionals working with older adults and adults with disabilities.

Our Goal

To assure consistency and uniformity in the interpretation, development and application of existing and new theories, regulations, and services. We promote a safe, inclusive learning experience aimed at inspiring and empowering social workers in Adult Protective Services.

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What is Embodied Labs?



1

**A Different Kind
of Training**

Benefits of Delivering Embodied Labs Training



**"I hear and I forget, I see and I remember.
I do and I understand."**

- Confucius

2

**Why Feeling Matters
in Training**

3

**"Lasting Impressions,
Lasting Impact"**



Embodied Labs Training Topics



**The Dima Lab
(29 Min)**

**Lewy Body Dementia
& Parkinson's Disease**



**The Eden Lab
(34 Min)**

**Transgender Health
& LGBT+ Aging**



**The Frank Lab
(34 Min)**

**Social
Isolation**

Embodied Labs Training Topics



Elder Safety & Well-Being (18 Min)

Elder Safety & Well-Being



Customer Service (21 Min)

**Customer Service:
Relationship Dynamics &
Communication Strategies**



The Beatriz Lab (24 Min)

**Alzheimer's
Disease**

Watch Video

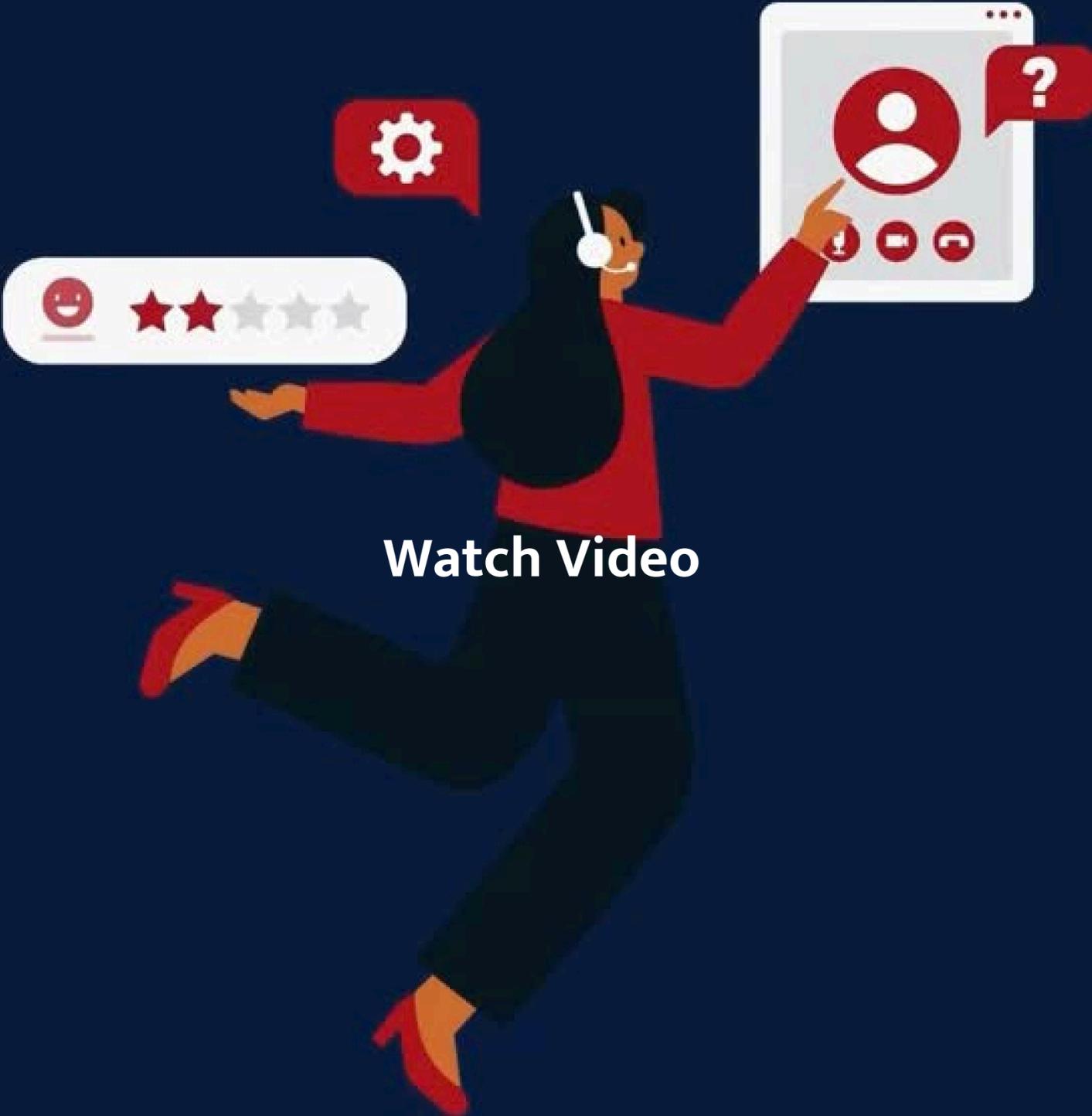
ASTA Training Approach

Structured training Components:

- Initial Meeting with Counties
- Introduction to Embodied Labs (EL)
- Benefits for Staff
- Debriefing & Support
- Perspective-Building
- Evaluation & Feedback

Overall: This semi-formal session introduces the training experience, sets expectations, and provides ongoing support to ensure participants feel prepared and engaged throughout.





Watch Video

Embodied Labs Technology

**“Virtual Reality Headset
for Interactive Training”**



Embodied Labs Equipment

- ▶ **First VR Kit**
- ▶ **Quest 3 Headset**
- ▶ **Key Differences**



First VR Kit



- ▶ **Required a gaming laptop per headset to generate visuals.**
- ▶ **Limited mobility due to tethered cables leads to frequent disconnections if workers move too far.**
- ▶ **Each kit stored in its own large transport case → transporting 12 headsets = 12 bulky cases.**
- ▶ **Drawbacks include a cluttered setup, limited movement, slow deployment, and interruptions.**

First VR Kit



First VR Kit



Quest 3 VR Headset



- ▶ **Standalone, wireless headsets – no physical cable connection.**
- ▶ **Laptop sends content over Wi-Fi to up to 8 headsets (we typically connect 5–6).**
- ▶ **Training sets: 12 headsets in 2 compact travel cases.**
- ▶ **Benefits: Easier setup, less clutter, uninterrupted sessions, greater mobility, participant comfort, and scalability.**



Quest 3 VR Headset



Quest 3 VR Headset



Key Differences

Feature	First VR	Quest 3
Setup	Gaming laptop per headset	Standalone, 1 laptop supports 5–6 headsets
Connection	Tethered with cables (frequent disconnects)	Wireless via Wi-Fi, no cables
Mobility	Restricted, cluttered	Free movement, comfortable
Transport	1 bulky case per kit (12 headsets = 12 cases)	12 headsets fit in 2 compact cases
Reliability	Disconnections from cable movement	Stable, uninterrupted sessions
Scalability	Difficult to manage many kits	Easy to scale for group training

The Partnership Between ASTA & Embodied Labs



Christine Chung-Camacho

*Director of Central California
and Bay Area Adult Services
Training Academy*

Central California & Bay Area
**ASTA
Adult Services Training Academy**
Empowering Excellence in Adult Services

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In 2020, the Central California Social Welfare, Research, Evaluation, and Training Center at Fresno State received a grant from the California State Department of Social Services to advance the development of its Central California Adult Protective Services Training Academy.

**The Value of Virtual Reality Training for
Social Workers**
“A different kind of Training”



Carrie Shaw

*CEO of
Embodied Labs*



Our Story

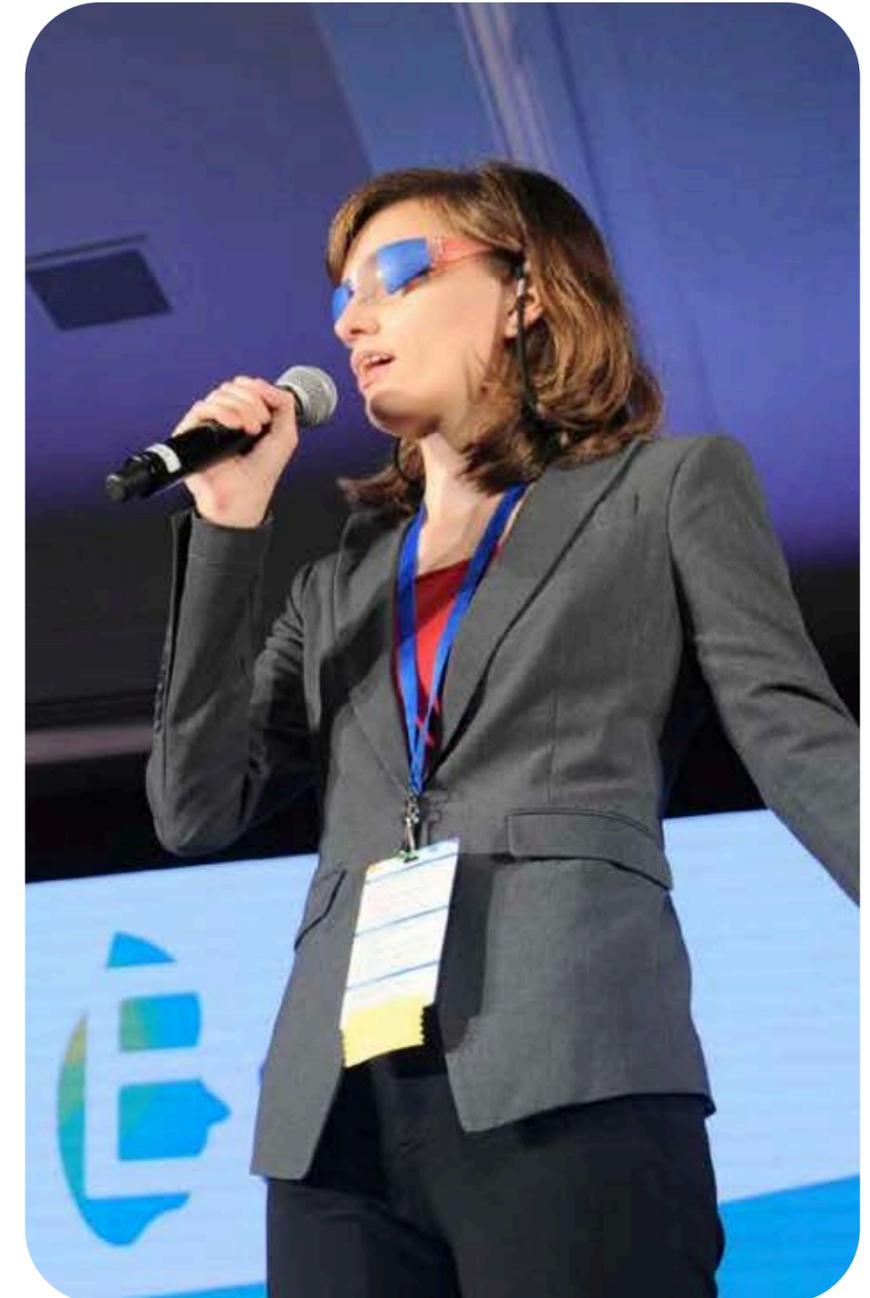
Carrie became a caregiver at 19 when her mom was diagnosed with Early-Onset Alzheimer's Disease.

She used safety goggles and some tape to help others understand what her mom's left field visual impairment looked like and improve their care for her.



Carrie's mom would always eat exactly half of her plate at meal time.

After her caregivers put on the goggles, they understood why this happened and what they could do about it.





Immersive Experience Library - New Content

Coming Soon



**Autism Spectrum
Disorder**

Available Now



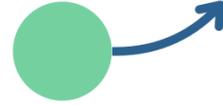
**Dementia Search
& Rescue**

ASTA & Embodied Labs



2019

ASTA and EL begin partnering together



2021

ASTA & Embodied Labs co-create The Rosie Lab together where learners embody a social worker visiting a client's home



2025

ASTA becomes the first customer to fully transition to delivering training with Embodied Labs' tetherless experiences and Embodied Classroom App & nearly hits 1000 hours spent in VR training



2020



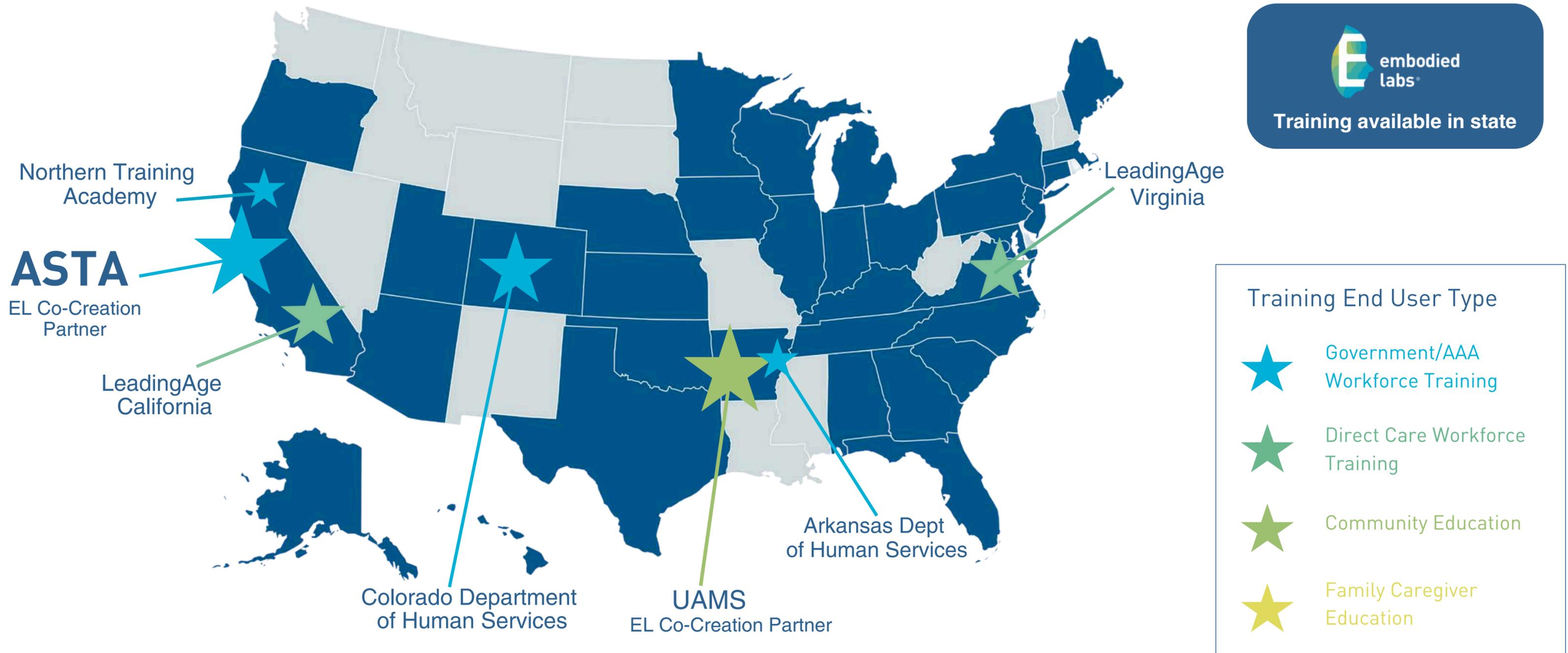
ASTA hits it's first 250 sessions completed in VR training with Embodied Labs

2023



ASTA fully integrates Embodied Labs into their training process for new hires and in-service training for social workers and APS workers

Embodied Labs... leading the way in innovative workforce & community training across the U.S.



Training End User Type

- ★ Government/AAA Workforce Training
- ★ Direct Care Workforce Training
- ★ Community Education
- ★ Family Caregiver Education



Questions and Answers

Please fill out the evaluation below.



Scan the QR
or visit the link:
<http://bit.ly/ASTA-VR-Training>



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