

## Examples of matching learning style with training method:

Training Method	Activities	Visual	Auditory	Kinesthetic
Using Case Studies	Reading case studies			
	Listening to and discussing case studies			
	Writing out care plan for a case study			
	Presenting a case plan developed from a case study			
Using Videos	Listening to a training video			
	Watching a training video			
	Practicing the skill shown in a training video			
Using written information	Reading information to yourself			
	Reading information and writing a summary			
	Reading information and presenting a summary to others			
Brainstorming	Listening to a Brainstorming session			
	Brainstorming (as an active participant)			
	Brainstorming (as an active participant) AND keeping notes			
Using critical incidents	Reading about a critical incident			
	Listening to a discussion of a critical incident			
	Read about AND discussing a critical incident			
Using Games	Doing a word search for essentials of a case plan			
	Playing bingo for case plan terms			
	Portraying a client in a written role play			
Using Shadowing	Watching a worker perform an interview			
	Completing an assessment checklist based on observing an interview			
	Performing the interview and getting feedback from the lead worker			

White= addresses this learning style

Black= does not address this learning style

Grey= address ALL learning styles

Adapted from Training of Trainers Manual produced by AARP Foundation, August 1999