

| l prefer teachers who use<br>diagrams to show us things.                   | I prefer teachers who get us to do something.  | I prefer teachers who explain things to us.                                       |   |   |   |
|--|--|---|---|---|---|
|  |  |   | V | K | A |
| If I get in trouble in class, it's for talking.                            | If I get in trouble in class, it's for<br>drawing on the desk or all over my<br>books. | If I get in trouble in class it's for<br>fidgeting.                               |   |   |   |
|  |  |   | A | V | K |
| On a long journey I like to look<br>at the scenery or read a book.         | On a long journey I can't wait until<br>we stop so I can walk around.                  | On a long journey I like to listen<br>to music or talk to the other<br>travelers. |   |   |   |
|  |  |   | V | K | A |
| l use my hands a lot when I am<br>talking.                                 | When I am discussing something, I<br>sometimes use words my friends<br>don't know.     | When I am discussing<br>something, I like to doodle.                              |   |   |   |
|  |  |   | K | A | V |
| If I could be famous, I would be<br>a sports-person (or dancer).           | If I could be famous, I would be a film-star.  | If I could be famous, I would be a singer.  |   |   |   |
|  |  |   | K | V | A |
| l would rather go outside and play.  | I would rather watch my favorite TV program.   | I would rather listen to my favorite music.                                       |   |   |   |
|  |  |   | K | V | A |
| I get distracted in class if I can<br>see something outside the<br>window. | I get distracted in class if I can hear<br>something happening outside.                | I lose concentration if I have to sit still for a long time.                      | V | A | K |
|  |  |   |   |   |   |

|   |   | mähidövähidövähidöv  |         |       |         |  |
|---|---|--|---------|-------|---------|--|
|   |   |  |         |       |         |  |
| I am good at drawing.   | I am good at making things.   | l am a good listener.  |         |       |         |  |
|   |   |  | V       | K     | А       |  |
| Out of these 3 jobs - I would<br>prefer to be a radio DJ (or<br>presenter).                                       | Out of these 3 jobs - I would prefer to be a mechanic.                                    | Out of these 3 jobs - I would<br>prefer to be an artist (or<br>designer).                            | A       | K     | \ /     |  |
|   |   |  |         |       | V       |  |
| In my spare time I would prefer<br>to do something physical, such<br>as sport or dancing.                         | In my spare time I would prefer to watch TV or a video.                                   | In my spare time I would prefer<br>to listen to music or chat with<br>friends.                       |         |       |         |  |
|   |   |  | K       | V     | Α       |  |
| The type of puzzle I would prefer is "Spot the difference".   | The type of puzzle I would prefer is "Name that tune".                                    | The type of puzzle I would prefer is "Rubik's cube".   |         |       |         |  |
|   |   |  | V       | A     | K       |  |
| If I needed to build a Lego<br>model, I would get someone to<br>explain how or to read the<br>instructions to me. | If I needed to build a Lego model, I<br>would try to work out which bits fit<br>together. | If I needed to build a Lego<br>model, I would follow the<br>diagram or the picture on the<br>packet. |         |       |         |  |
|   |   |  | A       | K     | V       |  |
|   | e option in each row, unfold<br>letter,   |  | cle the | appro | opriate |  |
| ti  | hen count up how many of ea   | ach letter you scored.   |         |       |         |  |
| -   | u scored mainly V's, you  |  |         |       |         |  |
| If you scored mainly $A$ 's, you are an AUDITORY learner.   |   |  |         |       |         |  |
| If you scored mainly ${\sf K}$ 's, you are a KINAESTHETIC learner.  |   |  |         |       |         |  |

Available from <a href="http://www.brainboxx.co.uk/a3\_aspects/pages/VAK\_quest\_2.htm">http://www.brainboxx.co.uk/a3\_aspects/pages/VAK\_quest\_2.htm</a>

Handout #3