

# Resources for Hoarding, Challenging Disorganization and Clutter Information

## Websites:

- [www.challengingdisorganization.org](http://www.challengingdisorganization.org)
- [www.ocfoundation.org](http://www.ocfoundation.org)
- [www.ChildrenOfHoarders.com](http://www.ChildrenOfHoarders.com) ---Warning – over 18 only on chat, gets gritty
- [www.mentalhealthsf.org](http://www.mentalhealthsf.org)

## Books:

- Hoarding for Law Enforcement and Other Public Officials - Maria Spetalnik
- Buried in Treasures: Help for Compulsive Acquiring, Saving, and Hoarding – David Tolin, Randy Frost, Gail Steketee
- The Hoarding Handbook: A guide for Human Service Professionals – by Christiana Bratitotis, Cristina Schmalisch and Gail Steketee
- Stuff: Compulsive Hoarding and the Meaning of Things – Gail Steketee and Randy Frost
- Compulsive Hoarding and Acquiring Workbook – Steketee and Frost
- The ICD Guide to Collaborating with Professional Organizers – Institute for Challenging Disorganization
- The Hoarder in You: How to live a happier, healthier, uncluttered life – Zasio
- Digging Out: Helping Your Loved One Manage Clutter, Hoarding and Compulsive Acquiring – Michael Tompkins and Tamara Hartl
- What Every Professional Organizer\* Needs to Know About Hoarding – Judith Kolberg
- Ghostly Men: The strange but true story of the Collyer brothers and my Uncle Arthur, New York's Greatest Hoarders – by Franz Lidz
- Overcoming Compulsive Hoarding – Neziroglu, Bubrick, Yaryura-Tobias