TRIO: Tool for Risk, Interventions and Outcomes

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Challenges Facing APS Systems

• Unstable funding and increased accountability
• Changing landscape of the aging population
• Bifurcated social work/health care system
• Lack of federally supported infrastructure
• Lack of a standardized approach to investigation and assessment
• Event/allegation driven approach
• Lack of outcome measures
The Missing Link.....

A comprehensive evidenced-based framework and measurement process to provide guidance to APS social workers ensuring consistency in practice and improving outcomes for clients served.
APS Framework: Social Work Practice Model

- Bio-psycho-social assessment
- Person in environment fit
APS Framework: Progressive Nature of Abuse/Neglect

- Worsens over time without appropriate intervention
- Periods of stability
- Tipping points
“Although longitudinal data are absent, it seems probable that elder abuse situations may follow a pattern similar to disease progression, which would include lead time prior to the manifestation of active signs and symptoms; periods of ‘remission’; and critical points in which mistreatment becomes more intensive or acute”

National Academy of Sciences. 2003
Elder Mistreatment Abuse, Neglect and Exploitation in an Aging America
Addiction and Recovery
The Jellinek Curve

OCCASIONAL RELIEF DRINKING
CONSTANT RELIEF DRINKING COMMENCES
INCREASE IN ALCOHOL TOLERANCE
SURREPTITIOUS DRINKING
URGENCY OF FIRST DRINKS
UNABLE TO DISCUSS PROBLEM
DRINKING BOLSTERED WITH EXCUSES
PERSISTENT REMORSE
PROMISES AND RESOLUTIONS FAIL
LOSS OF OTHER INTERESTS
WORK AND MONEY TROUBLES
NEGLECT OF FOOD
TREMORS AND EARLY MORNING DRINKS
PHYSICAL DETERIORATION
MORAL DETERIORATION
DRINKING WITH CHRONIC USERS
UNABLE TO INITIATE ACTION
VAGUE SPIRITUAL DESIRES
COMPLETE DEFEAT ADMITTED

CHRONIC PHASE

OBSESIVE DRINKINGContinued in Vicious Circles

CRUCIAL PHASE

LOSS OF ORDINARY WILL POWER
DECREASE IN ALCOHOL TOLERANCE
ONSET OF LENGTHY INTOXICATIONS
IMPAIRED THINKING
INDENFERABLE FEARS
OBSESSION WITH DRINKING
ALL ALIBIS EXHAUSTED

PHASE

STOPS TAKING ALCOHOL
LEARNS ALCOHOLISM IS AN ILLNESS
TOLD ADDICTION CAN BE ARRESTED
HONEST DESIRE FOR HELP

REHABILITATION

REALISTIC THINKING
REGULAR NOURISHMENT TAKEN
APPRECIATION OF POSSIBILITIES OF NEW WAY OF LIFE
ONSET OF NEW HOPE
SPIRITUAL NEEDS EXAMINED
ASSISTED IN MAKING PERSONAL STOCKTAKEING
RIGHT THINKING BEGINS
MEETS FORMER ADDICTS NORMAL AND HAPPY

START OF GROUP THERAPY
PHYSICAL OVERHAUL BY DOCTOR

DIMINISHING FEARS OF THE UNKNOWN FUTURE
APPRECIATION OF POSSIBILITIES OF NEW WAY OF LIFE
ONSET OF NEW HOPE
SPIRITUAL NEEDS EXAMINED
ASSISTED IN MAKING PERSONAL STOCKTAKEING
RIGHT THINKING BEGINS
MEETS FORMER ADDICTS NORMAL AND HAPPY

NEW INTERESTS DEVELOP
REBIRTH OF IDEALS
APPLICATION OF REAL VALUES
CONFIDENCE OF EMPLOYERS
CONTENTMENT IN SOBRIETY
INCREASING TOLERANCE
RATIONALIZATIONS RECOGNIZED
CARE OF PERSONAL APPEARANCE
FIRST STEPS TOWARDS ECONOMIC STABILITY
INCREASE OF EMOTIONAL CONTROL
FACTS FACED WITH COURAGE
NEW CIRCLE OF STABLE FRIENDS
FAMILY AND FRIENDS APPRECIATE EFFORTS
NATURAL REST AND SLEEP
ADJUSTMENT TO FAMILY NEEDS
DESIRE TO ESCAPE GOES
RETURN OF SELF ESTEEM

GROUP THERAPY AND MUTUAL HELP CONTINUE
ENLIGHTENED AND INTERESTING WAY OF LIFE OPENS UP WITH ROAD AHEAD TO HIGHER LEVELS THAN EVER BEFORE
Tool for Risk, Interventions and Outcomes

- Designed by social workers for social workers
- Follows social work practice
- Contains agreed-upon terminology for consistency
- Forms a client profile based on cluster of elements
- Guides, but does not direct
- Documents the work of the APS social worker
- Measures progress toward goal: to improve, stabilize or reduce the rate of decline in safety, stability and health
- Measures prognosis of recurrence
- Measures an agreed-upon goal to eliminate or reduce the protective issue
Adult Protective Services Tool for Risk, Interventions and Outcomes

- Precursors
- Biological Indicators
- Psychological Indicators
- Social Indicators
- Allegations

- Protective Outcomes
- Outcomes
- Interventions
- Triage Interventions
Adult Protective Services Tool for Risk, Interventions and Outcomes

Psychological Indicators

- Self-blame for current situation-Makes excuses for alleged perpetrator
- Feelings of shame, guilt, fear and or loneliness
- Feelings of depression
- Sense of resignation and hopelessness with vague reference to mistreatment
- Appears anxious
- Appears clingy
- Appears afraid of someone or something
- Behavior that is passive
- Behavior that is helpless
- Behavior that is withdrawn
- Hoarding

Return to Curve
The Ventura County APS Model

- Regularly scheduled Supervision
- Curb-side consulting
- Regularly scheduled MDTs
- Integrated medical/social work
- Use of evidenced based tools
- TRIO
- Robust case management system
**TRIO Outcomes**  
**November 1, 2011 to September 5, 2014**  
Total Episodes n= 4,764  
CONFIRMED Episodes of ABUSE/NEGLECT (n= 2,293)  

<table>
<thead>
<tr>
<th></th>
<th>Episodes with Social Work Only</th>
<th>Episodes with Social Work + In-Home Nursing</th>
<th>Difficult Episodes Presented to Rapid Response MDT</th>
<th>Difficult Episodes Presented to FAST</th>
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<tr>
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<td>n = 1,572</td>
<td>n= 549</td>
<td>n=159</td>
<td>n = 13</td>
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<tr>
<td>Protective Issue unresolved</td>
<td>27%</td>
<td>19%</td>
<td>24%</td>
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<td>Protective Issue eliminated or reduced</td>
<td>73%</td>
<td>81%</td>
<td>76%</td>
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<tr>
<td><strong>Total</strong> (rounding with rounding errors)</td>
<td><strong>100%</strong></td>
<td><strong>100%</strong></td>
<td><strong>100%</strong></td>
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Statistically significant differences found using chi-square test (p<.01)
180-Day Recidivism by Prognosis

Prognosis for recidivism (evaluated at case closure) and actual 180-day APS recidivism were closely related.

Statistically significant difference (p<.001)
Acknowledgements

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• County of Ventura APS Team

• Rapid Response MDT members

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The APS TRIO

The TRIO is a model for standardizing practice
Designed and developed by social workers for social workers
Documents the work, guides practice and measures client and program outcomes
Available at no cost including training by Linda Henderson
Log on: https://aps.panosoft.com/TRIO
User name: TRIO
Password: I would like to test TRIO
(write using the space bar between each word)