

NAPSA CONFERENCE KEYNOTE SPEAKERS



ANNAROSE INGARRA-MILCH

Annarose Ingarra-Milch is a sought-after inspirational speaker, positive aging advocate, and author of the award-winning novel “Lunch with Lucille”.

A frequent speaker at international, national, and local conferences, Annarose draws upon her lifetime experiences as an investigative and supervisory probation officer, criminal justice educator, corporate trainer, and serial entrepreneur to share an uplifting message about the value of age.

Annarose works closely with Temple University Harrisburg providing soft skills training for professionals serving our vulnerable adult and older adult populations.

She is the President of ROI Training & Consulting, LLC, a premier professional development and business management consulting firm. Her web-series, “The People Chronicles – Storied Women” showcases local women who bravely share stories of how they shifted an adversity into an advantage. Deeply invested in her community, Annarose serves as a mayoral appointed Stadium Commissioner for the Fightin Phils and City of Reading and on the board of directors of FairView Children’s Play Therapy Counseling Center and The Wisdom Coalition.

In July, Annarose was crowned Ms. Pennsylvania Senior America, 2016. She is the 2016 Sallie Lee Lifetime Achievement Award recipient, TriCounty YWCA, Pottstown, PA, and is a Wall Street Journal Woman of Note. In late September Annarose will offer a TEDx Talk titled, “Your Age is Your Best Asset.”

Annarose and her positive aging message have been featured in the Wall Street Journal Retirement Living, TD Ameritrade online, on television and radio talk shows, as well as in numerous newspapers and magazines.

Living in Reading, PA. Annarose is married to Charles for almost four decades. They have three very grown children and four grandchildren.

