MENTAL HEALTH IN APS:-)

"An Engaging Captivating Team Based Approach"
In the beginning...

• In 2005, a NAPSA committee of experts released the 23* APS core competencies list.
• Step by step, over the next 10 years, all training developed as in-person and eLearnings curriculums
• Next, NAPSA developed a Certificate Program

*ACL is recommending a 24th- Supported Decision-making

An additional 25th module is APS Worker Safety
APS CORE COMPETENCIES

1. APS Overview
2. APS Values and Ethics
3. Agency Standards and Procedures- Hawaii- 2018
4. The Aging Process - 2018
5. Physical and Developmental Disabilities- 2019
6. Mental Health Issues
7. Substance Abuse- 2019
8. Dynamics of Abuse
9. Professional Communications
10. Self Neglect
11. Caregiver Neglect
12. Financial Exploitation
13. Physical Abuse – 2018

Those in Blue are currently E-learning only but are being converted into Instructor led Classroom versions as well.

* Indicates an e-Learning course is available
** Indicates that an e-Learning course is being developed
**APS CORE COMPETENCIES**

* 14. Sexual Abuse
* 15. Case Documentation/Report Writing
* 16. Intake Process
* 17. Investigation: Client Capacity
* 18. Investigation: Risk Assessment
* 19. Voluntary Case Planning and Intervention
* 20. Involuntary Case Planning and Intervention
* 21. Collaboration and Resources
**22. Legal Issues and Law Enforcement**
* 23. Case Closure
  24. Supported Decision Making
* 25. APS Worker Safety- 2018

For a Detailed list go to:
Or
This workshop is a DEMONSTRATION of the New 4 hour Mental Health Workshop and NOT intended to be a complete training of that workshop.

- Objective 1 Workshop Participants will participate in an interactive "demonstration" of Module 9 "Mental Health in APS" for the purpose of seeing the benefit of using it in their state/county/group with their APS staff.

- Objective 2 Workshop Participants will come away with an appreciation of Team Based Learning.

- Objective 3 Workshop Participants will have utilized some new transfer of learning tools that are a part of this Module and therefore be better equipped to train/facilitate the module themselves.

- Objective 4 Workshop Participants will have a fresh understanding of where and how they can access the entire NAPSA Core training both in-class and e-learning modules from the MASTER website.
Team-Based Learning is an evidence based collaborative learning teaching strategy designed around units of instruction, known as “modules,” that are taught in a three-step cycle: preparation, in-class readiness assurance testing, and application-focused exercise. A class typically includes one module.

- Evidence based
- Collaborative
- Preparation
- In-class readiness assurance testing
- Application focused exercise

http://www.teambasedlearning.org/definition/
Four principles

- Groups should be properly formed (e.g. Intellectual talent should be equally distributed among the groups). These teams are fixed for the whole course.
- Students are accountable for their pre-learning and for working in teams.
- Team assignments must promote both learning and team development.
- Students must receive frequent and immediate feedback.
“Team-Based Learning – A special form of collaborative learning using a specific sequence of individual work, group work and immediate feedback to create a motivational framework in which students increasingly hold each other accountable for coming to class prepared and contributing to discussion.”

Michael Sweet
Outline for the Workshop

- Loosely structured Team-Based Learning model
- Experiential Exercises
- Learning Discussions
Learning Objectives for the FULL Module

- Identify personal and cultural experiences which influence working with clients with mental illness
- Describe your experience with a thought disorder simulation
- Articulate the rationale for various steps of an investigation
- Identify and practice elements of a suicide assessment
Common Mental Disorders

- Schizophrenia
- Major Depression Disorder
- Bi-Polar Disorder-Type I
- Dementia
- Post-Traumatic Stress Disorder
- Obsessive Compulsive Personality Disorder
ACTIVITY I: Characteristics of the Disorders

5 possible points

Working as a team, write as many characteristics on your assigned diagnosis.

- Yes, you may use your smartphone if you like!
- You have 10 minutes
- Designate someone to present your team’s findings to the group
- Your team will be scored by the group
Each team has 2 minutes to present

Scoring:
5 = comprehensive/thorough
3 = essential/most of the characteristics
1 = some of the characteristics
Reliable Mental Health Resources

- National Institute of Mental Health (NIMH)
- Substance Abuse and Mental Health Services Administration (SAMSHA)
- American Psychiatric Association
- American Psychological Association
- Diagnostics and Statistics Manual ver 5 (DSM V)
18% of adults in US have a mental illness*

4.2% have a serious mental illness*

- National Institute of Mental Health- Statistics on Prevalence
Stigma & Stereotypes

- Persons with mental illness are violent/dangerous
- Person with mental illness look different/”funny”
- Persons with chronic/persistent mental illness need to be institutionalized
- What other stereotypes?
What has been your experience?

What, if anything, were you told about mental illness by your family, culture and/or community?

Have your views about mental illness changed over time?

Discuss for 10 minutes.
Schizophrenia

- Affect 1.1% of US adults*
- Positive symptoms:
  - Delusions
  - Hallucinations
  - Disorganized thinking
- Negative symptoms
  - Avolition
  - Diminished emotional expression

Simulation Activity

- Create triads

- Client
  - "Voices" uses tube, whisper into client's ear the prepared script.
  - APS Worker interviews client. Asks him/her to complete a form.

- After 3 minutes, switch roles.
Describe the experience

- Cognitively—could you accomplish what was asked of you?
- Emotionally—what did you feel?
- Physically—what did you feel?
Major Depressive Disorder

- Affects 6.7% of US adults (15.7 million)*


[https://www.youtube.com/watch?v=XiCmiLQGYc](https://www.youtube.com/watch?v=XiCmiLQGYc)
Debrief

What did you value about the video?

How could the video help a new APS worker better understand and relate to working with persons with depression?
What did you learn?

- Write down one thing you learned that was meaningful for your work with APS.

- Write down one thing you learned about available APS Training Modules today.
And the winners are...
Questions & Evaluations

Questions?  Comments?

Please complete your evaluations.

Thank you for your hard work!